Take advantage of Early Bird Registration and save $50! Register by April 22 for this special.
AME SCHEDULE AT A GLANCE

THURSDAY, MAY 19, 2016
2:30 – 5:00 pm  NYSAND Leadership Meetings
3:00 – 5:00 pm  EXHIBITORS SET UP
5:00 – 7:00 pm  Registration Open
6:00 – 8:00 pm  AME Kick-Off Cocktail Hour - Sponsored by the American Dairy Association and Dairy Council

FRIDAY, MAY 20, 2016
7:00 am  Registration Open & Exhibitor Set Up
7:30 – 9:00 am  Breakfast and Sponsored Presentation - Sponsored by Siggi's Dairy
9:00 am - 6:00 pm  Exhibit Opens
8:20 – 9:00 am  Keynote Speaker, Author Molly Morgan, RD, CDN

BREAKOUT SESSIONS BEGIN
9:15 – 10:05 am  Session 1
1. Alissa Rumsey MS, RD, CDN, CSCS – Blenderized Foods for Home Tube Feeding: To Blend or Not To Blend
2. Lisa Stollman MA, RDN, CDE, CDN – Create Your Brand and Launch Your Business

10:15 – 11:05 am  Session 2
1. Toby Amidor RD – An In-Depth Look at the New Dietary Guidelines - Sponsored by the New York Beef Council
2. Mary Lee Chin MS, RDN & Janet E. Collins PhD, RD, CFS – Genetically Modified Organisms - Academy Foundation Sponsored Presentation

11:15 am – 12:05 pm  Session 3
1. Student Poster Session 1
2. Chef Melissa Sheridan CEC—Build Your Culinary Skills with Chef Melissa – How to cook Nutritious Meals with Beef that Consumers Love - Sponsored by the New York Beef Council
*Please visit vendors in between sessions

12:15 – 1:15 pm  Luncheon & Keynote Speaker – Jordan Metzl MD, Sports Nutrition
1:30 – 2:20 pm  Session 4
1. Student Poster Session 2
2. Michael Pozit FMP, CP-FS, HACCP Certified - Integrated Food Service Consulting Group — Food Safety
*Please visit vendors in between sessions
2:30 – 3:20 pm  Session 5
Functional Medicine
2. Jessica Garay Redmond MS, RD, CSCS, RYT – Exercise is Medicine:
What RDNs Need to Know
3. Diana Monaco RDN – Update on the Changes to Nutrition Facts Panel

3:30 – 4:20 pm  Session 6
1. Tamara Duker-Freuman MS, RD, CDN – Circadian-synced Diets
for Weight Loss & Glycemic Control
2. Dr. Robert Murray – The Learning Connection – Childhood Nutrition
Sponsored by the American Dairy Association and Dairy Council
3. Author’s Forum, 2 Hr. Panel Discussion-The How-To Guide for Writing
Your Own Book - (Do not select from Session 7)

4:30 - 5:20 pm  Session 7
1. Kathie Madonna Swift MS, RDN, LDN, FAND, EBQ – Mind Body Nutrition:
Get your Qi On!
2. Wilma Stewart M.S., R.D., C.D.N. /Joann Taylor M.S., R.D., C.D.N. –
Sodium Reduction in Communities
3. Ann Silver MS, RDN, CDE, CDN – Increasing Patient Return Visits
4. Donna Bernstein RD, CDN Exploring Meditation- How to Relax Profoundly,
Not Temporarily

6:00 – 7:30 pm  Evening Networking Reception

SATURDAY, MAY 21, 2016

6:00 – 7:00 am  Yoga with Jessica Redmond MS, RD, CSCS, RYT
7:00 – 8:45 am  Breakfast & California Walnut Sponsored 1 Hour Presentation
8:45 – 10:00 am  NYSAND Annual Business Meeting

10:10 – 11:00 am  Session 8
1. Laura Lagano, MS, RDN, CDN - Cannabis Comes Out of the Closet: Dietitians,
Get Up to Speed about This Healing Herb or Get Left Behind!
2. Chris Fanning – Nutrition And the Optimal Workout

11:10 – 12:00 pm  Session 9
1. Dr. Mark Nelson – Moving Health Care into the Third Era: Empowering and
Creating Health
2. Janet Zarowitz MS, RD, CDN – Nutrigenomics: Using Genetic Clues to Personalize
Nutrition

12:10 – 1:00 pm  Session 10
1. Marlisa Brown MS, RD,CDE, CDN – Having Your Own Healthy Cooking Show
* This class is 1.5 hours, 1.5 CEU’s, running until 1:30 pm
3. Julie M. Raway MPH, RDN, CDN, SNS – School Nutrition Presentation

1:15 – 2:00 pm  Close of Sessions & Boxed Lunch
1:45 – 3:30 pm  Statewide & District Leadership Training

Schedule is subject to change.
For latest schedule & sponsorships, go to: www.eatright.org
NEW YORK STATE ACADEMY OF NUTRITION AND DIETETICS
86th MEETING EXPO REGISTRATION FORM

Note: Please make sure to complete both sides of this form.

YOUR INFORMATION

Name: ____________________________________________
Company: ________________________________________ Title: ________________________________________
Credentials: __________________________________________
Member #: ________________________________________ NYSAND District: ____________________________
Address: ______________________________________________________________
City: _________________________ State: ____________ Zip: __________________
Contact Person: _________________________ Title: ________________________________________________
Name as you would like it to appear on your name badge: ______________________________________
Dietary Restrictions?: __________________________________________________________

REGISTRATION TYPES/RATES

Before April 22nd (Early Bird Rates) – Save $50.00 by registering early!

Academy Member
☐ 2 Day (includes Thursday Kick-Off Party): $230
☐ Saturday Only: $120
☐ Friday Only (includes Thursday Kick-Off Party): $170

Retired/Full-Time Student – A 30% Savings!
☐ Friday Only (includes Sunday Kick-Off Party): $120
☐ 2 Day (includes Thursday Kick-Off Party): $160
☐ Saturday Only: $80

After April 22nd (Regular Rates)

Academy Member
☐ 2 Day (includes Thursday Kick-Off Party): $280
☐ Saturday Only: $170
☐ Friday Only (includes Thursday Kick-Off Party): $220

Retired/Full-Time Student
☐ Friday Only (includes Thursday Kick-Off Party): $170
☐ 2 Day (includes Thursday Kick-Off Party): $210
☐ Saturday Only: $130

Non-Member Rates:
☐ 2 Day (includes Thursday Kick-Off Party): $500
☐ Saturday Only: $200
☐ Friday Only (includes Thursday Kick-Off Party): $380

Please select your sessions on reverse side

Save Time & Postage! Register Online Now at www.eatrightny.org!
NEW YORK STATE ACADEMY OF NUTRITION AND DIETETICS 86th MEETING EXPO REGISTRATION FORM

SELECT YOUR SESSIONS

Please let us know which sessions you will be attending.

**Thursday, May 19, 2016**

- [ ] AME Kick-Off Party

**Friday, May 20, 2016**

- Session 1 - 9:15 – 10:05
  - Blenderized Foods for Home Tube Feeding: To Blend or Not To Blend
  - Create Your Brand and Launch Your Business
  - MNT – The Application of Intuitive Eating in the Treatment of Eating Disorders and Disordered Eating Behaviors

- Session 2 - 10:15 – 11:05
  - An In-Depth Look at the New Dietary Guidelines
  - Genetically Modified Organisms
  - Pursuing Private Practice: How to Start, Grow, and Succeed in Your Own Business

- Session 3 - 11:15 – 12:05
  - Student Poster Session 1
  - Build Your Culinary Skills - How to Cook Nutritious Meals with Beef that Consumers will Love.

- Session 4 - 11:15 – 12:05
  - Student Poster Session 2
  - Integrated Food Service Consulting Group - Food Safety

- Session 5 - 2:30 – 3:20
  - The Nutrition-Focused Physical Exam-Functional Medicine
  - Exercise is Medicine: What RDNs Need to Know
  - Update on the Changes to Nutrition Facts Panel

- Session 6 - 3:30 – 4:20
  - Circadian-synced Diets for Weight Loss & Glycemic Control
  - The Learning Connection – Childhood Nutrition
  - Authors’ Forum, 2 Hr. Panel Discussion-The How-To Guide for Writing Your Book (do not select from session 7)

- Session 7 - 4:30 – 5:20
  - Mind Body Nutrition: Get your Qi On!
  - Sodium Reduction in Communities
  - Increasing Patient Return Visits
  - Exploring Meditation- How to Relax Profoundly, Not Temporarily

**Saturday, May 21, 2016**

- Session 8 - 10:10 – 11:00
  - Cannabis Comes Out of the Closet: Dietitians, Get Up to Speed about This Healing Herb or Get Left Behind!
  - Nutrition And the Optimal Workout
  - Nutrition Counseling Skills – Part 1, Lecture

- Session 9 - 11:10 – 12:00
  - Moving Health Care into the Third Era: Empowering and Creating Health
  - Nutrigenomics
  - Nutrition Counseling Skills – Part 2, Application

- Session 10 - 12:10 – 1:00
  - Having Your Own Healthy Cooking Show
  - Diabetes Medication Update
  - School Nutrition Presentation - NY School Nutrition Association

NYSAND SUPPORTS THE FOUNDATION

You can further support this year’s scholarships by taking a Patron Line or business card ad in our AME Program!

**Patron Line - $10 Each**

(*Can be a greeting, brief message, or your name. Be creative!*)

- Business Card Ad - $25 Each
  - Patron Line(s) x $10 = $ ________
  - Patron Line 1: ____________________
  - Patron Line 2: ____________________
  - Patron Line 3: ____________________

- Business Card Ad(s) x $25 = $ ______________

Please include business card with your registration or send artwork to nysand@caphill.com.

All contributions are tax deductible

PAYMENT

Total Enclosed: $ ____________

_______ Check #: (Payable to NYSAND)

Credit Card:

- [ ] Visa
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QUESTIONS? Please contact NYSAND Central Office at (518) 320-7413 or nysand@caphill.com.

Return completed registration form, with payment, to: NYSAND 2016 AME 1450 Western Avenue, Suite 101, Albany, NY 12203-3539
Scan and E-Mail to: nysand@caphill.com, or Fax to: (518) 463-8656

Save Time & Postage! Register Online Now at www.eatrightny.org!

Our Full Program has been submitted for CEU’s.