

Preparing for the NYSAND AME 2019 Student & Emerging Nutrition Professional Symposium



Symposium Workshop Registration

Friday, April 5th (5:30 pm - 9:30 pm)


At the AME Kick-Off Party, Symposium workshop registration will be available at the “Student Center” located toward the back of the Persian Terrace event room. There, you will find either two (2) of NYSAND’s Student Representatives (Greg & Anya) who can assist you with workshop selection and registration. If you have any questions, feel free to ask our Student Representatives. They are there to help!

Saturday, April 6th (7:00 am - 1:00 pm)

If you are unable to attend the Kick-Off Party or if you did not have time to register during the Kick-Off Party event, you may do so at the AME 2019 Registration table. NYSAND representatives located at the registration table will be able to assist you if you need help selecting and registering for Symposium workshops.

Tips for Selecting & Registering for Symposium Workshops

- **Write down the workshops, locations, and times you register for** using the provided slip within the event program/folder, located in the event tote bag you receive when checking in to the event at the registration table.
- **There are 6 workshops available, as well as 2 open Q&A forums. However, there are only 5 timeslots in total during the 2 hours of the Symposium.** Please see the below workshop information table and “Symposium Workshop Schedule” for more information to help assist you in deciding which sessions best fit your educational and professional development needs. Select your workshops wisely!
- Upon review of the Registration Packet, before registering for AME 2019, you may have noticed a Poster & Exhibitors Session and Breakout Session happening the same time as the Symposium. Not to worry - one (1) Poster & Exhibitor Session is also scheduled Saturday morning, as well as many Breakout Sessions scheduled both before and after the Symposium. You will not miss out!
- Please be sure **not** to register for two workshops during the same timeslot.
- Please be considerate of the limited space available for select workshops and **attend only the workshop(s) you sign up for.**
- **Please arrive and be seated a couple of minutes before the start time of a workshop.**

Workshop Topic: Title , and Presenter(s)	Workshop Description	How to Best Prepare for the Workshop
Resume & Cover Letter Writing: <i>Making the Cut: Writing to Reach the Interview</i> Associate Director of Career Services for Falk College, Syracuse University, David Sly	What do employers of dietitians look for in application documents? How do I keep my story to one page? Attend this session to learn some Resume/Cover Letter best practices, and workshop ways to effectively communicate your experience and potential to stand out in a crowd of applicants!	Please bring: <ul style="list-style-type: none"> • 1 copy of your physical resume/CV. • An idea of what field you're looking to either enter or advance in.
Interview Skill Building: <i>Battle for Success! PLAN to be your BEST</i> Sodexo RD Team: Brenda Keith Slack, MBA, RD; Jessica Bramble, MA, RD; Julie Snyder RD, CDN; Kimberly Ferris RD, CDN, CNSC	Come learn the skills needed to give a winning interview! This will be an interactive gamified session with a focus on interviewing tips.	Please bring: <ul style="list-style-type: none"> • Your top 3 interviewing tips that you would like to share. • Confidence in your current skill(s). • A positive spirit and plan to have some fun!
<i>Q&A Forum: Resume Writing & Interview Skills</i> David Sly & Brenda Keith Slack	If you have any questions regarding resume & cover letter writing and interviewing skills, attend this session. This is a place and space to share your thoughts and concerns!	<ul style="list-style-type: none"> • Bring your resume, CV, cover letter, and interviewing questions and concerns.
Digital Networking: <i>LinkedIn: Jumpstart Your Career!</i> SUNY Oswego Career Coach, Eric Frans & SUNY Oswego Intern, Sabrina Shortall	Have you thought about networking through digital media platforms? Heard of LinkedIn but haven't looked into it yet? Here's your chance to learn about how to get started on this amazing platform for professionals, whether you're a student or a seasoned dietetic professional.	
<i>CDR Professional Development Portfolio Tutorial</i> D'Youville College Dietetics Chair, Megan Whalen, PhD, RDN, CDN	Continuing education is a requirement for registered dietetic practitioners. Attend this session to learn how to set up your professional development portfolio (PDP), plan learning goals, and LOG continuing education.	
AND Orientation: <i>Membership Has Its Benefits</i> Academy Treasurer, Manju Karkare, MS, RDN, LDN, FAND	An interactive workshop to learn some key member benefits, resources and opportunities that will help you make the most of your Academy membership. Learn, play, and even win some goodies!	
<i>NYSAND Orientation</i> NYSAND State Development Chair, Julie Balsamo, MS, RDN	Join us as NYSAND's State Development Chair discusses the mission, infrastructure, and happenings of our great state association! Benefits of joining the NYSAND leadership team will also be discussed.	
<i>Q&A Forum: AND & NYSAND Orientation</i> Manju Karkare & Julie Balsamo	If you have any questions regarding AND or NYSAND membership, including benefits, volunteering, or anything else, stop by and ask!	

Symposium Workshop Schedule

Each workshop session is 20 minutes in length, with 5 minutes provided between sessions. There is limited seating for workshops held in the Canadice room. Registration is on a first come, first served basis. Please be considerate and respectful of those who are not able to attend a workshop due to capacity - please do *not* sign up for a workshop and then not attend; only register for the workshops you will be attending.

Room <i>(capacity/session)</i>	Canadice <i>(25)</i>		Seneca <i>(35)</i>	Owasco <i>(40)</i>	Keuka <i>(40)</i>	
	Resume Writing	Interview Skills	LinkedIn 101	CDR Portfolio	AND Orientation	NYSAND Orientation
1:50 - 2:10 pm	x		x	x	x	
2:15 - 2:35 pm	x		x	x	x	
2:40 - 3:00 pm		x	x	x		x
3:05 - 3:25 pm		x	x	x		x
3:30 - 3:50 pm	Q&A Forum		x	x	Q&A Forum	

Other Symposium Resources Available

Professional Headshot Photography Service

Services provided by SUNY Oswego "Digital Dirt" Intern Jerrold Aryeequaye

- **Available 1:45 pm - 4:00 pm**
- Located on the General Sessions, Exhibitor Center, and Poster Sessions level
- Registration located at the photography station
- Plan time accordingly; only 5 minutes between workshops and 20 minutes after the last session
- Dress professionally



Graduate Program Information

- Advanced level degree program information relevant to the nutrition and dietetics practitioner
- Event booth located on the same level as the Symposium sessions

Code of Ethics Information

- Information regarding the recent June 2018 revised Academy/CDR Code of Ethics
- Relevant supportive & complimentary materials, including FAQ documents and case study scenarios
- Event booth located on the same level as the Symposium sessions